



FIE Dublin Restricted Movement Protocols

FIE follows the government guidelines regarding public health, and these protocols include but are not limited to residents who need to restrict their movements due to a shared household with a symptomatic resident, or contact with a confirmed case.

Restricted Movements (stay at home) means staying at home as much as possible and avoiding contact with other people. When there is a chance you may have Covid-19, restricting your movements can help stop the spread of Covid-19.

Residents who are required to **restrict their movements** are expected to adhere to the following:

1. Residents must restrict their movements for the period of time stipulated by the government, and as directed by FIE. (Residents are not required to wear a mask in their room).
2. Residents should avoid social situations and contact with others as much as possible. No one other than the resident is allowed to enter their room and bathroom during restricted movement period.
3. Residents should stay at home/in your accommodation as much as possible.
4. Residents should not have visitors in your home/accommodation, and should not visit others during restricted movement period.
5. Residents should not go to the shops or pharmacy. Residents may place orders on-line, including food shopping and prepared food services like Deliveroo etc. During self-isolation periods, students should notify FIE staff when they require a food order and arrange to have it dropped to their apartment.
6. Residents should not attend lectures or internships in-person, and where possible should attend online.
7. Do not use public transport
8. Residents can go outside to exercise as long as you are alone and keep 2metres away from other people.

During the restricted movement period, FIE staff will:

1. Be available 24/7 and accessible via the FIE Emergency Phone +353 (0)1 679 8171
2. Provide cleaning products and antibacterial wipes for residents' use in rooms and kitchens.
 - a. Bedrooms, bathrooms, and kitchens will be fully sanitised before residents' arrival.
3. Provide guidance and support regarding health and medical support available to residents, and other aspects of their programme as applicable.

Sources and further information:

<https://www2.hse.ie/conditions/covid19/restricted-movements/restricted-movements/>